

### Games to encourage your child's memory and concentration.

- Tray games

Put a number of objects on a tray or table. Name each object. Cover the tray with a cloth and then remove an object. Your child has to say which object has been removed. Or: Ask your child to say, write or draw how many objects they can remember.

- Patterns

Show your child three objects, letters or shapes in a row. Cover the objects and ask your child to copy the pattern from memory. Increase the number of objects as they get more confident.

- Pairs

Have a number of pairs of pictures or cards face down on the table. You take it in turns to turn over 2 cards. If they match you win that pair. The winner is the one with most pairs. • "Mrs Smith went to market and brought..." Each person takes it in turn to recall the previous objects bought and add their own. Try building on your child's interest eg. "Scooby Doo went to the kitchen and ate ..."

- Categories

Choose a category and think of as many things as possible in that category.

- Odd Man Out

Say a list of items that are linked, with one odd one, ask your child to pick the odd one. Eg. "apple, banana, table, pear, strawberry." • What is it? Take it in turns to describe something while the other person guesses what it is.