WEEK 3

W/C: 05/05, 26/05, 16/06, 07/07, 28/07, 18/08, 08/09, 29/09, 20/10, 10/11, 01/12, 22/12, 12/01, 02/02, 23/02, 16/03, 06/04.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES – OPTION 1	**Veggie Bolognese** with Green Beans or Salad (V, ♥)	**Cheese and Tomato Pizza** with Mixed Vegetables or Salad (V)	**Roast Chicken** with Roast Potatoes, Gravy, Carrots and Broccoli	**Traditional Beef Burger** with Seasoned Potatoes, Sweetcorn or Salad	**Fish Fingers** with Mash and Baked Beans or Salad
OR					
HOT DISHES – OPTION 2	**Macaroni Cheese** with Green Beans or Salad (V)	**Chicken Pasta** in a Creamy Tomato Sauce with Mixed Vegetables or Salad	**Quorn Sausages** with Roast Potatoes, Gravy, Carrots and Broccoli (V, ♥, B)	**Veggie Balls in Tomato Sauce** with Wholegrain Rice, Sweetcorn or Salad (V, B)	**Quorn Sausage Cowboy Pasta** with Baked Beans or Salad (V, B)
OR					
HOT DISHES – OPTION 3	**Jacket Potato** with Baked Beans (V, ♥, B)	**Jacket Potato** with Salmon Mayo (♥, Oily Fish)	**Jacket Potato** with Cheese (V, ♥)	**Jacket Potato** with Veggie Bolognese (V, ♥, B)	**Jacket Potato** with Cheese (V, ♥)
	HOT DISHES ARE SERVED WITH VEGETABLES OR SALAD				
DESSERT	Jammy Jack	Fresh Fruit and Yoghurt (Fruity!)	Banana Marble Cake (Fruity!)	Vanilla Sponge	Chocolate Mousse

AVAILABLE DAILY
Fresh fruit, salad, milk and water

CARBON EMISSIONS
We commit to highlighting low impact options to help you make an informed choice.
A Very Low Carbon Emissions B Low Carbon Emissions

V Vegetarian VE Vegan Oily Fish Wholegrain Fruity! ♥ Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

To order visit www.parentpay.com. For ordering support contact Chartwells 01243 774175 or email u73041@compass-group.co.uk

THREE WEEK MENU

2025/26

Our new menu chosen by parents and children – Your favourites available every day



LACA MENU CHECKED

west sussex county council

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

Chartwells Schools

WEEK 1

W/C: 21/04, 12/05, 02/06, 23/06, 14/07, 04/08, 25/08, 15/09, 06/10, 27/10, 17/11, 08/12, 29/12, 19/01, 09/02, 02/03, 23/03.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES OPTION 1	**Macaroni Cheese** with Green Beans or Salad (V)	**Sausage and Mash** Pork and Beef Sausages with Mixed Vegetables and Gravy	**Roast Chicken** with Roast Potatoes, Gravy, Carrots and Broccoli	**Cheese and Tomato Pizza** with Peas or Salad (V)	**Fish Fingers** with Chips and Baked Beans or Salad
OR					
HOT DISHES OPTION 2	**Vegetable Masala** with Wholegrain Rice, Green Beans or Salad (V, Wholegrain, B)	**Creamy Cheese and Tomato Pasta** with Mixed Vegetables or Salad (V)	**Quorn Sausages** with Roast Potatoes, Gravy, Carrots and Broccoli (V, Nutritionist's Choice, B)	**BBQ Chicken** with Rice, Peas or Salad	**Veggie Nuggets** with Chips and Baked Beans or Salad (V, A)
OR					
HOT DISHES OPTION 3	**Jacket Potato** with Baked Beans (V, Nutritionist's Choice, B)	**Jacket Potato** with Veggie Bolognese (V, Nutritionist's Choice)	**Jacket Potato** with Cheese (V, Nutritionist's Choice)	**Jacket Potato** with Baked Beans (V, Nutritionist's Choice, B)	**Jacket Potato** with Tuna Mayo (Nutritionist's Choice)
HOT DISHES ARE SERVED WITH VEGETABLES OR SALAD					
DESSERT	**Raspberry Sponge** (Fruity!)	**Crispy Crackle Bar**	**Jammy Jack**	**Fresh Fruit and Yoghurt** (Fruity!)	**Chocolate Mousse**

AVAILABLE DAILY
Fresh fruit, salad, milk and water

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WEEK 2

W/C: 28/04, 19/05, 09/06, 30/06, 21/07, 11/08, 01/09, 22/09, 13/10, 03/11, 24/11, 15/12, 05/01, 26/01, 16/02, 09/03, 30/03.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES OPTION 1	**Cheese and Tomato Pasta** with Green Beans or Salad (V)	**Traditional Beef Bolognese** with Mixed Vegetables or Salad	**Roast Turkey** with Roast Potatoes, Gravy, Carrots and Broccoli	**Chicken Korma** with Rice and Green Beans or Salad	**Battered Chicken Bites** with Chips, Peas or Salad
OR					
HOT DISHES OPTION 2	**Veggie Balls in Tomato Sauce** with Wholegrain Rice and Green Beans or Salad (V, B)	**Chilli No Carne** with Rice and Mixed Vegetables or Salad (V, Nutritionist's Choice, Wholegrain)	**Quorn Sausages** with Roast Potatoes, Gravy, Carrots and Broccoli (V, Nutritionist's Choice, B)	**Cheese and Tomato Pizza** with Green Beans or Salad (V)	**Quorn Burger** with Chips and Peas or Salad (V, Nutritionist's Choice, A)
OR					
HOT DISHES OPTION 3	**Jacket Potato** with Baked Beans (V, Nutritionist's Choice, B)	**Jacket Potato** with Tuna Mayo (Nutritionist's Choice)	**Jacket Potato** with Cheese (V, Nutritionist's Choice)	**Jacket Potato** with Baked Beans (V, Nutritionist's Choice, B)	**Jacket Potato** with Veggie Bolognese (V, Nutritionist's Choice)
HOT DISHES ARE SERVED WITH VEGETABLES OR SALAD					
DESSERT	**Banana Marble Cake** (Fruity!)	**Crispy Crackle Bar**	**Vanilla Sponge**	**Fresh Fruit and Yoghurt** (Fruity!)	**Strawberry Jelly**

AVAILABLE DAILY
Fresh fruit, salad, milk and water

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