

LOVE SCHOOL MEALS

**NUTRITIOUS FOOD AND
MEMORABLE EXPERIENCES**

For meal order support call
Chartwells 01243 836130
or email
73041@compass-
group.co.uk

Order lunches now at
www.ParentPay.com

School meals are free for all
children in Reception, Year 1
and year 2

Save time and money by
choosing a hot meal.

**Save up
to £457**

with FREE
school meals

**AT CHARTWELLS, WE ARE PASSIONATE ABOUT
ENCOURAGING AND ENABLING MORE CHILDREN TO
MAKE HEALTHY CHOICES AND ENJOY A NUTRITIOUS
SCHOOL MEAL TO GET THE MOST OUT OF THEIR DAY.**

Making a home-packed lunch for your child each day can be time-consuming and expensive. School meals can relieve some of this pressure by providing a hot, nutritious lunch for your child, every school day.



Chartwells
Schools

THE BENEFITS OF SCHOOL MEALS



MAKING CHILDREN HEALTHIER

Children having school meals are more likely to eat fruit and vegetables and drink water throughout the day.

BEHAVIOUR & CONCENTRATION

A healthy school meal helps children get the best from their learning.

YOU MAY BE ELIGIBLE FOR FREE MEALS FROM RECEPTION TO YEAR 6

Speak to your school or local authority about signing your child up today!

www.westsussex.gov.uk/education-children-and-families/schools-and-colleges/free-school-meals/#how-to-apply

TASTY THEME DAYS

Throughout the term, your child will get to experience theme days where we bring excitement to the dining hall

MAKING FOOD FUN

We want your children to have fun and the dining hall is a great place for them to enjoy themselves with friends whilst they learn about different types of food.

WE EDUCATE AND INSPIRE CHILDREN WITH OUR BEYOND THE CHARTWELLS' KITCHEN WORKSHOPS

Our menus are packed with familiar favourites such as cheese & tomato pizza and roast dinners

FREQUENTLY ASKED QUESTIONS

WHAT IS INCLUDED IN A SCHOOL MEAL?

Every day, you can be assured that a school meal will offer:

- A portion of fruit and vegetables
- Dairy food items rich in calcium for strong bones and teeth
- Starchy carbohydrates to provide energy
- A protein source to support the body's growth and repair.

HOW DO I ORDER AND PAY FOR SCHOOL MEALS?

Order 10 days in advance

Order at www.parentpay.com

WHAT IF MY CHILD HAS AN ALLERGY OR SPECIAL DIET?

Our primary objective is to keep our pupils - your children - safe every day when enjoying their school meals.

We take allergies very seriously and, supported by our robust Medical Diet Policy, we've taken every step to ensure that as many children as possible living with food allergies and intolerance can eat safely at school with their friends.

To find out more please email:

westsussexspecialdiets@compass-group.co.uk

